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# Chapter 1

## Conservation Agriculture: Concepts, Brief History, and Impacts on Agricultural Systems

Muhammad Farooq and Kadambot H. M. Siddique

**Abstract** Conservation agriculture (CA) is characterized by minimal soil disturbance, diversified crop rotations, and surface crop residue retention to reduce soil and environmental degradation while sustaining crop production. CA involves changing many conventional farming practices as well as the mindset of farmers to overcome the conventional use of tillage operations. Although adoption of CA is increasing globally, in some regions it is either slow or nonexistent. The adoption of CA has both agricultural and environmental benefits but there is a lack of information on the effects and interactions of key CA components which affect yield and hinder its adoption. In this chapter, we discuss the basic concepts and brief history of CA, and its impacts on agricultural systems.

**Keyword** Adoption · Crop rotations · Crop residues · Farm machinery · Weed management

### 1.1 Introduction

Conventional farming practices, in particular tillage and crop residue burning, have substantially degraded the soil resource base (Montgomery 2007; Farooq et al. 2011a), with a concomitant reduction in crop production capacity (World Resources Institute 2000). Under conventional farming practices, continued loss of soil is expected to become critical for global agricultural production (Farooq et al. 2011a).

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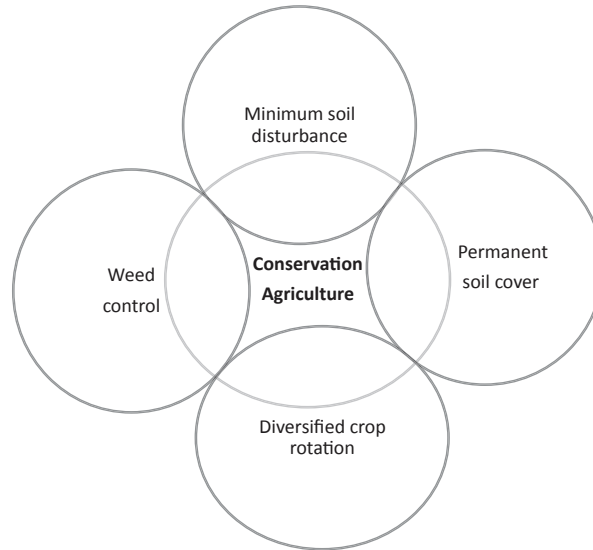
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**Fig. 1.1** Elements of conservation agriculture



Conservation agriculture (CA) is a set of technologies, including minimum soil disturbance, permanent soil cover, diversified crop rotations, and integrated weed management (Fig. 1.1; Reicosky and Saxton 2007; Hobbs et al. 2008; Friedrich et al. 2012), aimed at reducing and/or reverting many negative effects of conventional farming practices such as soil erosion (Putte et al. 2010), soil organic matter (SOM) decline, water loss, soil physical degradation, and fuel use (Baker et al. 2002; FAO 2008). For instance, soil erosion, water losses from runoff, and soil physical degradation may be minimized by reducing soil disturbance and maintaining soil cover (Serraj and Siddique 2012). Using organic materials as soil cover and including legumes in rotations may help to address the decline in SOM and fertility (Marongwe et al. 2011). With less soil disturbance comes less fuel use, resulting in lower carbon dioxide emissions, one of the gases responsible for global warming (Kern and Johnson 1993; West and Marland 2002; Hobbs and Gupta 2004; Holland 2004; Govaerts et al. 2009). CA helps to improve biodiversity in the natural and agro-ecosystems (Friedrich et al. 2012). Complemented by other good agricultural practices, including the use of quality seeds and integrated pest, nutrient and water management, etc., CA provides a base for sustainable agricultural production intensification (Friedrich et al. 2012). Moreover, yield levels in CA systems are comparable and even higher than traditional intensive tillage systems (Farooq et al. 2011a; Friedrich et al. 2012) with substantially less production costs (Table 1.1).

CA is increasingly promoted as “a concept of crop production to a high and sustained production level to achieve acceptable profit, while saving the resources along with conserving the environment” (FAO 2006). In CA, modern and scientific agricultural technologies are applied to improve crop production by mitigating reductions in soil fertility, topsoil erosion and runoff, and improving moisture conservation and environmental footprints (Dumanski et al. 2006). CA improves soil

**Table 1.1** Cost comparison of traditional (TA) and conservation agriculture (CA). (Source: Data from Hanks and Martin (2007); Meena et al. (2010); Singh and Meena (2013))

	TA (USD ha <sup>-1</sup> )	CA (USD ha <sup>-1</sup> )	Cost saving (%)
Fuel	75	25	66.67
Depreciation	115	65	43.47
Maintenance	22	10	54.55
Pesticides	35	45	-28.57
Total costs	247	145	41.30

water-use efficiency, enhances water infiltration, and increases insurance against drought (Colmenero et al. 2013). CA is thus an eco-friendly and sustainable management system for crop production (Hobbs et al. 2008; Govaerts et al. 2009) with potential for all agroecological systems and farm sizes. This chapter provides a brief history and overview of the components and adaptation of CA.

## 1.2 History and Adoption of Conservation Agriculture

Tillage is defined as the mechanical manipulation of soil. Tillage started millions of years ago when man shifted from hunting to more sedentary and conventional agriculture especially in the Euphrates, Nile, Tigris, Yangste, and Indus valley (Hillel 1991). The idea to plough or till the soil began in Mesopotamia around 3000 BC (Hillel 1998). Lal (2001) identified tillage as a major component of husbandry practices in agriculture. After the industrial revolution in the nineteenth century, agricultural machinery became available to carry tillage operations. More recently, a range of equipment has become available for tillage operations in agricultural production (Hobbs et al. 2008). Traditionally, tillage was aimed to soften the soil, prepare the seedbed to ensure good and uniform seed germination, manage weeds, help in the release of soil nutrients needed for crop growth through mineralization and oxidation, and incorporate crop residues and soil amendments (fertilizers, organic or inorganic) into the soil (Hobbs et al. 2008). Moreover, tillage helps to modify soil's physical, chemical, and biological properties, which improves conditions for crop growth resulting in higher crop yields (Farooq et al. 2011a).

Tillage, particularly in fragile ecosystems, was questioned for the first time in the 1930s by Edward H. Faulkner, in a manuscript called "Plowman's Folly" (Faulkner 1943) when dust bowls devastated wide areas of the Midwestern USA (Friedrich et al. 2012). With time, the concept of protecting soil, by reducing tillage and keeping the soil covered, gained popularity. This system of soil protection was then named conservation tillage (Friedrich et al. 2012). Economic and ecological sufferings caused by disastrous droughts in the USA during the 1930s drove the shift towards CA (Haggblade and Tembo 2003). The development of seeding machinery during the 1940s made sowing possible without soil tillage (Friedrich et al. 2012). Moreover, increased fuel prices during the 1970s attracted farmers to shift towards resource-saving farming systems (Haggblade and Tembo 2003). In this scenario, commercial farmers adapted CA to combat drought-induced soil erosion together with the fuel saving (Haggblade and Tembo 2003).

During the early 1970s, no-tillage farming reached Brazil; and no-tillage and mulching were tested in West Africa (Table 1.2; Greenland 1975; Lal 1976). The CA experience in the USA helped motivate the CA movement in South Africa and South America (Haggblade and Tembo 2003). Nonetheless, CA took more than 20 years to reach significant adoption levels in South America (Friedrich et al. 2012). During this time, farm equipment and agronomic practices in no-tillage systems were improved and developed to optimize crop performance and machinery, and field operations (Friedrich et al. 2012).

In the early 1990s, the spread of CA hastened, which revolutionized farming systems in Argentina, southern Brazil, and Paraguay (Friedrich et al. 2012). During this time, several international organizations became interested in the promotion of CA. Participation of these organizations in the promotion of these conservation farming systems led to the adoption of these systems in Africa (Tanzania, Zambia, and Kenya) and some parts of Asia (Kazakhstan, China, India, and Pakistan). CA systems then made their way to Canada, Australia, Spain, and Finland.

Today, CA is practiced on millions of hectares across the globe (FAO 2011a) including the USA, Argentina, Bolivia, Brazil, Chile, China, Colombia, Falkland Islands, Finland, Kazakhstan, Kenya, Malvinas, Morocco, Uganda, Western Australia, and Zambia (Friedrich et al. 2012) on soils varying from 90% sand (e.g., Australia) to 80% clay (e.g., Brazil's Oxisols and Alfisols). Derpsch and Friedrich (2009) reported that any crop can be grown effectively under CA including tuber and root crops. In recent years, the spread of CA has been quite rapid. In 1973–1974, CA was practiced on 2.8 M ha globally, increasing to 6.2 M ha in a decade; by 1996–1997, this area had reached 38 M ha, and by 2003, it was 72 M ha. More recently, CA has been practiced on 125 M ha (Friedrich et al. 2012).

CA has positive effects in terms of yield, income, sustainability of land use, ease of farming, and the timeliness of ecosystem services and cropping practices. As a result, its adoption rate has increased by 7 M ha per year in the past decade (Friedrich et al. 2012). Of the total area under CA systems worldwide, 45% is in South America, 32% in USA and Canada, 14% in Australia and New Zealand, and 9% in the rest of the world including Asia, Europe, and Africa (Table 1.3; Friedrich et al. 2012). In Canada, CA adoption has seen a pragmatic eco-friendly approach as that helped to decrease the dust storms and increase the biodiversity (Lindwall and Sonntag 2010). Carbon payment schemes have been introduced in Alberta and Canada, which have resulted in the rapid uptake of CA in these areas (Friedrich et al. 2012).

Despite the continued effort of international organizations and local NGOs, the total area under CA is only 9% of the total cropped area (Friedrich et al. 2012). A lack of CA extension programs is one reason for its slow uptake. In addition, regional traditions and mindset, along with a lack of technical knowledge, institutional support, CA machinery, and suitable herbicides to facilitate weed management are major constraints in the wide-scale adoption of CA systems (FAO 2008; Friedrich and Kassam 2009; Friedrich et al. 2012). Certain other issues related to natural assets of the farm also hinder CA adoption worldwide (Dixon et al. 2001; Goovaerts et al. 2009). However, in Asia, many agricultural lands may adopt CA systems

**Table 1.2** History of conservation agriculture

Year	Development	Reference
1930	Great dust bowl and start of conservation agriculture in the USA	Hobbs et al. (2008)
1940	Development of direct seeding machinery, first no-till sowing	Friedrich et al. (2012)
1943	Book on no-till in modern agriculture entitled “Plowman’s Folly” by Faulkner	Faulkner (1943)
1950	No-till, direct-sowing of crops was first successfully demonstrated in the USA	Harrington (2008)
1956	Experiments on various combinations of tillage and herbicides were initiated	Lindwall and Sonntag (2010)
1960	Commercial adoption of no-till in the USA	Lindwall and Sonntag (2010); Friedrich et al. (2012)
1962	Paraquat was registered as first herbicide for broad-spectrum weed control	Lindwall and Sonntag (2010)
1962	Long-term no-till experiments were started in Ohio, USA; the experiments are still running	Perszewski (2005)
1964	First no-till experiments in Australia	Barret et al. (1972)
1966	Demonstration trials on direct drilling systems in Germany	Bäumer (1970)
1967	Demonstration trials on direct drilling systems in Belgium	Cannel and Hawes (1994)
1968	First no-tillage trials in Italy	Sartori and Peruzzi (1994)
1969	Introduction of CA in West Africa	Greenland (1975); Lal (1976)
1970	First no-till demonstration in Brazil	Borges (1993)
1970	Long-term no-till experiments were started in France	Boisgontier et al. (1994)
1970	First report on the development of herbicide resistance in weeds	Ryan (1970)
1973	Phillips and Young published the book “No-Tillage Farming.” This publication was a milestone in no-tillage literature, being the first one of its kind in the world	Derpsch (2007)
1974	First no-till demonstration in Brazil and Argentina	Friedrich et al. (2012)
1975	Book on CA entitled “One straw revolution” by Fukuoka	Fukuoka (1975)
1976	Glyphosate was registered for general broad-spectrum weed control	Lindwall and Sonntag (2010)
1980	Introduction and on-farm demonstration of CA in subcontinent	Harrington (2008)
1980	Introduction of CA in Zimbabwe	Friedrich et al. (2012)
1981	The first National No-till Conference held in Ponta Grossa, Paraná, Brazil	Derpsch (2007)
1982	Introduction of no-till in Spain	Giráldez and González (1994)
1982	Development of first glyphosate-resistant transgenic crops	Fraley et al. (1983)
1990	Development and commercial release of reliable seeding machines	Lindwall and Sonntag (2010)
1990	Commercial adaptation of CA in southern Brazil, Argentina, and Paraguay	Friedrich et al. (2012)
1990	Introduction of CA in India, Pakistan, and Bangladesh	Friedrich et al. (2012)

**Table 1.2** (continued)

Year	Development	Reference
1992	Start of CA research in China	Derpsch and Friedrich (2009)
1996	Commercial launch of transgenic glyphosate-resistant soybean	Dill (2005)
1997	Commercial launch of transgenic glyphosate-resistant crops in China	Paarlberg (2001)
1998	Identification of weed (rigid ryegrass) resistant to glyphosate	Powles et al. (1998)
2002	Introduced no-tillage systems in Kazakhstan	Derpsch and Friedrich (2009)

CA conservation agriculture

**Table 1.3** Continent-wise area under conservation agriculture in the world. (Source: Friedrich et al. 2012)

Continent	Area (M ha)	Percent of total
Africa	1.01	1
Asia	4.72	4
Australia and New Zealand	17.16	14
Europe	1.35	1
South America	55.46	45
North America	39.98	32
Russia and Ukraine	5.1	3
Total	124.78	

especially in Kazakhstan, China, and India in the next two decades (Friedrich et al. 2012). In the Indo-Gangetic Plains (Pakistan, India, Bangladesh, and Nepal), no-tilled wheat plantations have reached 5 M ha in recent years especially in the rice-wheat cropping system (Friedrich et al. 2012) and are expected to expand further.

In a nutshell, since the 1930s, farming communities have gradually shifted towards no-tillage systems for potential fossil-fuel savings, reduced erosion, and runoff, and to minimize SOM loss. The first 50 years was the start of the conservation tillage movement and, today, a large percentage of agricultural land is cropped following CA principles (Hobbs et al. 2008). Sustained governmental policies and institutional support may play a key role in the promotion of CA both in rainfed and irrigated cropped lands by providing incentives and required services to farmers to adopt CA practices and advance them over time (FAO 2008; Friedrich and Kassam 2009; Friedrich et al. 2009; Kassam et al. 2009, 2010; Friedrich et al. 2012).

### 1.3 Permanent or Semi-permanent Organic Soil Cover

In CA, crop residues—the principal element of permanent soil cover—must not be removed from the soil surface or burned. The residue is left on the soil surface to protect the topsoil enriched with organic matter from erosion. At the same time, fresh residues must be added to the soil when existing residues decompose. Burning

not only increases mineralization rates which rapidly depletes nutrients and organic matter from the soil but also causes air pollution (Magdoff and Harold 2000). In CA, plants are either left in the field or killed, with their residues left in the field to decompose *in situ*. This practice is primarily aimed at protecting the enriched topsoil against chemical and physical weathering. Plant residues slow down the speed of falling raindrops, provide a barrier against strong winds and temperature, decrease surface evaporation, and improve water infiltration (Thierfelder and Wall 2009).

Cover crops/green manure crops are grown to increase or maintain soil fertility and productivity. They increase SOM content either by adding fresh plant residues to the soil or by reducing soil erosion. Legume cover crops can fix nitrogen from the atmosphere into the soil increasing N availability to crop plants. Cover crops are mowed or killed before or during soil preparation for the next economic crop. A gap of 1 or 2 weeks before planting the next crop is needed to allow some decomposition and reduction in allelopathic effects of the residues, and to minimize nitrogen immobilization (Miguel et al. 2011; Farooq and Nawaz 2014).

CA improves soil biodiversity, soil biological activity, water quality and soil aggregation, and increases soil carbon sequestration through maintenance of crop residues. By keeping residues on the surface and using cover crops, permanent soil cover is maintained during fallow periods as well as during crop growth phases. Giller et al. (2009) opined that the benefits of each principle need to be properly evaluated as trade-offs exist and some farmers have not adopted all of CA components. Retaining crop residues has positive and negative effects; researchers should develop strategies to enhance the positive effects (Kumar and Goh 2000).

## 1.4 Minimal Soil Disturbance

CA promotes minimal soil disturbance through no- or reduced tillage, careful management of residues and organic wastes, and a balanced use of chemical inputs; all aimed at decreasing soil erosion, water pollution and long-term dependence on external inputs, improving water quality and water-use efficiency, and minimizing greenhouse gas emissions by reducing the use of fossil fuels (Kumar and Goh 2000). Zero-tillage systems need minimal mechanical soil disturbance and permanent soil cover to achieve sufficient living and/or residual biomass to control soil erosion which ultimately improves water and soil conservation (Li et al. 2007). CA emphasizes the importance of soil as a living body, particularly the most active zone in the top 0–20 cm, to sustain the quality of life on this planet; yet this zone is most vulnerable to degradation and erosion. Most environmental functions and services—essential to support terrestrial life on this planet—are concentrated in the macro-, micro-, and meso-flora and fauna, which live and interact in this zone. Human activities with regard to land management have the most immediate and potentially maximum impact in this zone (Hobbs et al. 2008). By protecting this fragile zone, the vitality, health, and sustainability of life on this planet may be ensured.



A recent modeling analysis, for three sites with fine-textured soils and different crop rotations in North America (Conant et al. 2007), simulated zero tillage until equilibrium was reached and ran experimental models for 220 years thereafter. The model demonstrated a substantial decrease (~27%) in soil C content due to a shift to conventional tillage from zero tillage (Conant et al. 2007).

## 1.5 Diversified Crop Rotations

Crop rotations play a critical role in determining the success of crop production enterprises, but are most important in determining the success of crop production systems using conservation tillage. CA addresses the problems of insect, pests, and diseases by integrating crop rotations, which help break the cycle that perpetuates crop diseases such as wheat rust and pest infestations (Witmer et al. 2003), resulting in higher yield. A well-planned systematic crop rotation helps farmers to avoid many problems linked with conservation tillage, such as increased soil compaction, plant diseases, perennial weeds, and slow early season growth (Tarkalson et al. 2006).

Continuous maize planting in a no-till system may cause several problems such as perennial weeds, leaf diseases, inoculum buildup in residues, and wetter and cooler soils at planting due to heavy maize residues (Fischer et al. 2002). These residues interfere with seed placement resulting in uneven stand establishment; while allelopathic effects from decomposing maize residues on young plants may slow the growth of maize early in the season (Fischer et al. 2002). In such situations, a maize–hay rotation—as an alternative to continuous maize—is gaining popularity on dairy farms in Pennsylvania. Many problems linked to continuous no-till maize may be eliminated in this rotation when the sod is killed in autumn. The residue level will be manageable, the flux of perennial weeds will be less, insect problems will be less, and the soil structure usually will be excellent resulting in higher yields. Inclusion of *Sesbania* in direct-seeded rice as a green manure intercrop and then knocking it down with broadleaf herbicide has been effective in suppressing weeds and improving soil fertility in rice–wheat cropping systems (Yadav 2004; Hobbs et al. 2008).

With systematic crop rotations, the benefits of CA can be achieved on soils or at locations where success is often difficult. Combining the timeliness and reduced-labor benefits of CA with advantages of higher yield and reduced inputs when associated with a better crop rotation significantly increased profit levels (Linden et al. 2000).

## 1.6 Weed Control

Weed control is considered a serious problem in CA systems and its success largely depends on effective weed control. Multiple tillage operations are required to control perennial weeds by reducing the energy reserves in different storage organs

or roots of weeds (Todd and Derksen 1986; Fawcett 1987). Weed control in CA depends upon agronomic practices, herbicides, and level of tillage used (Lafond et al. 2009). In CA systems, small-seeded weed species are favored (Chauhan et al. 2006a; Farooq and Nawaz 2014), while dormant weed seeds present in the soil do not move to the soil surface (Cardina et al. 1991). In CA, crop residues are maintained on the soil surface that keeps the soil moist and cool, which increases the survival of germinated small weed seeds compared with conventional agriculture. In conventional tillage systems, weed seeds are buried in the soil, while in CA more weed seeds are left on the soil surface (Chauhan et al. 2006b), which are generally more susceptible to decay (Gallandt et al. 2004).

Chemical weed control is the most effective weed management option in CA; however, its effectiveness depends upon several factors including application of appropriate herbicides, time of application (postemergence vs. preemergence), and the amount of crop residue present on the soil surface. Crop residues directly affect weed germination and the bioavailability of herbicides such as trifluralin (Chauhan et al. 2006c). Residue retention strongly impacts weed emergence; several factors determine the extent of this influence including type and quantity of residue, nature of the residue, soil type, weather conditions, and prevailing weed flora (Buhler 1995; Chauhan et al. 2006d). Phenolics in the surface residue may reduce the weed infestation (Farooq et al. 2011b) in CA system. Nonetheless, the presence of plant residues may reduce the persistence and efficacy of soil-applied herbicides, which do not require incorporation into the soil and also intercept and bind the chemical before it reaches the soil surface (Potter et al. 2008).

The availability of transgenic crops with resistance to nonselective herbicides, such as glyphosate and glufosinate, can effectively control weed species while decreasing labor demands and repeated applications of herbicides (Cerdeira and Duke 2006). By using transgenic crops in CA, growers have boosted profitability by reducing labor expenses. The introduction of herbicide-tolerant transgenic crop varieties in CA systems provided effective weed control with substantial yield increases (Duke and Powles 2008). A new challenge to develop herbicide-resistant weed biotypes is threatening the use of herbicide-tolerant transgenic crops in CA systems (Farooq et al. 2011a; Heap 2014). Several weeds have developed resistance against herbicides. The first case was reported in 1970 in common groundsel (*Senecio vulgaris* L.), which developed triazine resistance (Ryan 1970). Worldwide, the number of herbicide-resistant weed biotypes has reached 432, which demands continued research to control the resistance and avoid the future spread of resistant weeds (Appleby 2005; Heap 2014).

Kirkegaard et al. (2014) opined that herbicide rotation, green/brown manures, and harvesting and destruction of weed seeds may help in weed management under CA systems. They further proposed to include strategic tillage as a component of integrated weed management approach where applicable and safe (with respect to erosion risk; Kirkegaard et al. 2014). This may help to reduce the incidences of development of herbicide-resistant weed biotypes.

## 1.7 The Role of Policy and Institutional Support

CA is a multi-dimensional approach ensuring the sustainability of resource use and food security. Principally, CA offers resistance to the irrational use of natural reserves through good management practices such as minimal soil disturbance using optimized tillage operations, check on soil exposure to environmental calamities, and biodiversity maintenance through diversified crop rotations. With the ever-increasing global population and urbanization reducing the amount of land under agriculture, food security has become a conundrum (Hobbs et al. 2008); the sustainable use of available resources is a key element of CA systems.

Adoption of CA is a paradigm shift requiring huge efforts and trade-offs at individual and institutional levels. In the long run, CA should be the ultimate solution to agricultural problems in small landholding farming communities (Derpsch 2003; Giller et al. 2009). CA research has progressed but adoption at the farmer level is a serious concern. Many factors hinder the uptake of CA by farmers and authorities: lack of proper information, poor knowledge dissemination, lack of demonstration, the need for long-term hard work, temporary decline in economic returns, hesitation, vague policies, lack of institutional support and natural disasters. Institutional support, innovative policy making, organizational collaboration, motivated think tanks, and government supervision are critical to develop a strong system for proliferation of CA (Kassam et al. 2012).

Policy making involves the realization of the available resources and serious approach to rethink the issue and options. Ecological, social, and political activism on the issue of natural resource depletion and sustainability has been ignited for 20–30 years at a global level. Understanding this problem provides the foundation for structural development and promotion of sustainable approaches along with an awareness campaign (Kassam et al. 2012). One important policy is “Save and Grow” coined by the Food and Agriculture Organization. It covers the idea of a two-way process of sustainable production and economical usage, which has simplified and clarified the theme of CA. Policy formation strengthens the expression, adoption, and promotion of this approach (FAO 2011b). Effective policies offer pragmatic solutions to a number of challenges (Kienzler et al. 2012) such as:

- Useful practices to improve food production under limited inputs and thus sustainable promotion of food production and the supply chain.
- Lowering the intensity of environmental damage through eco-friendly approaches.
- Economizing the production chain via improved cultural practices, judicious input use, and reduced exploitation of on-farm resources.
- Preserving ecological hierarchy by maintaining biodiversity and natural habitats.
- Offering a wide range of adjustments, adaptations, and rehabilitation after frequent natural and secondary disasters.

Plenty of evidence on the serious concerns, issues, and threats necessitating the adoption of CA are available (Foresight 2011); however, intensified production is still possible under a conservation regime with benefits including lower capital costs, reduced inputs, flexibility in terms of adaptation, aggrandized ecosystem ef-

iciency, and environmental protection. In some parts of the world, conservation tillage has been termed under transformed tillage packages like zero tillage, reduced tillage, minimum tillage, etc.

Institutions are the main hubs for information gathering, knowledge sharing, and technology transfer. The role of institutional development in agriculture is significant. Linkage between research organizations, educational institutes, and extension wings must be very strong to launch any technology. Considerable work is being undertaken on the adoption of CA on national and international fronts. Governments are sensing the vitality of the system and reinforcing the approach through multi-actions. In developed countries, the scientific community is leading the task by innovating and modifying the steps for sustainability. Strict implication of the rules and regulations has confirmed the success of CA in different cases.

Authorities are sensing their responsibilities, and public sector movements regarding CA adoption are flourishing. Different institutions support farming communities to trial subsidized conservation packages. Incentives and visual economic profitability help to promote adoption and reduce farming community concerns (Kassam et al. 2012). Adoption of zero tillage in the rice–wheat cropping system in the Indo-Gangetic Plains is a successful example of CA adoption in the developing world. It is the result of consistent efforts by global institutions and organizations in collaboration with local governments and NGOs. Similarly, successful progress is being made in Central Asia, Africa, and other regions. Conservation approaches are not only becoming popular but also being adopted at the farmer level, which could improve with further institutional support and the right policy making in the future.

## 1.8 Conclusion

CA is a complex suite of technologies, including wise soil manipulation, retention of crop residues as soil cover, planned and diversified crop sequences, and effective weed management, for eco-friendly sustainable crop production. CA has proved beneficial in terms of yield, income, sustainability of land use, ease of farming, and the timeliness of ecosystem services and cropping practices. CA systems are being increasingly adopted worldwide; however, in some countries, its adoption is either slow or nonexistent. Sustained governmental policies and institutional support may play a key role in the promotion of CA through the provision of required services for farming communities and certain incentives. On-farm participatory research and demonstration trials may help accelerate the adoption of CA. The development and introduction of herbicide-tolerant transgenic crops resulted in the rapid spread of CA systems; however, the development of herbicide-resistant weed biotypes is posing a new threat. This invites attention of researchers to develop economically viable innovative alternative tools to prevent and manage herbicide-resistance development in weeds and weed management strategies. The use of *Sesbania* in direct-seeded rice as a manure intercrop and then using that as mulch with the application of broadleaf killer herbicide is a good option for weed and fertility management.

Developing crop genotypes with strong allelopathic potential against associated weeds is another option in this regard.

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