RESEARCH
program on
Dryland Systems

## FOOD FREQUENCY QUESTIONNAIRE

| a)Enumerator's name |  | g)Hamlet's landscape position | upper/ medium/ lower |
| :--- | :--- | :--- | :--- |
| b)Date of interview (dd/mm/yyyy) |  | h)Household ID (give sequential <br> numbers) |  |
| c)State |  | i)Latitude (at least 7 digits) | xx.xxxxx |
| d)District |  | j)Longitude (at least 7 digits) | xx.xxxxx |
| e)Taluk/blocks/mandal | k)Elevation (in meters) |  |  |
| f)Village with ZIP/PIN code |  |  |  |

This questionnaire will be applied ideally to a mother in the household between 15-49 years old with a child aged between 6-59 months. In this case, the foods will be first about the mother and then about the child. If more than one child with these characteristics, choose only one randomly. If not available the questionnaire will be applied to the person who customarily prepares the food in the household and refers only to what this person has consumed (not the whole household).

Name of the person interviewed: $\qquad$
Age (in years): $\qquad$ -
Name of the child: $\qquad$
Gender: $\qquad$ -
Age (in months): $\qquad$
Indicate the source of food mentioned: $1=0$ wn production; $2=$ purchased/bought; $3=$ borrowed, $4=$ gift, $5=$ collected from wild; $6=$ food aid; $7=$ other (specify) $\qquad$
Indicate the dates that comprise the beginning and end of the 7 days for which you are asking the information: Beginning / /2013; End / /2013

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During the last 7 days, have you consumed one of the following foods? For those foods consumed during the last $\mathbf{7}$ days, indicate if you consumed it yesterday, if consumed yesterday indicate how many times you did consume it. Independently if the food was or not consumed yesterday, if it was consumed in the last 7 days, indicate the source from which you got the food for you. The same questions apply to the child

| Foods consumed | Mother |  |  |  | Child |  |  | Source |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 7 days | Yesterday | Number of times consumed yesterday | Source | 7 days | Yesterday | Number of times consumed yesterday |  |
|  | $\begin{aligned} & \hline \text { Yes }=\sqrt{ } \\ & \text { No= blank } \\ & \hline \end{aligned}$ | $\begin{aligned} & \begin{array}{l} \text { Yes }=\sqrt{\prime} \\ \text { Nos }=\text { blank } \end{array} \end{aligned}$ |  |  | $\begin{aligned} & \text { Yes = } \\ & \text { Nos blank } \end{aligned}$ | $\text { Yes }=\sqrt{ }$ <br> No= blank |  |  |
| Local cereals |  |  |  |  |  |  |  |  |
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| Foods consumed | Mother |  |  |  | Child |  |  | Source |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 7 days | Yesterday | Number of times consumed yesterday | Source | 7 days | Yesterday | Number of times consumed yesterday |  |
|  | $\begin{aligned} & \hline \text { Yes }=\sqrt{ } \\ & \text { No= blank } \\ & \hline \end{aligned}$ | $\begin{aligned} & \text { Yes = } \\ & \text { No= blank } \end{aligned}$ |  |  | $\begin{aligned} & \text { Yes = } \\ & \text { Nos blank } \end{aligned}$ | $\begin{aligned} & \text { Yes = } \\ & \text { No boblank } \end{aligned}$ |  |  |
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| Leafy-vegetables (fresh) |  |  |  |  |  |  |  |  |
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| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 7 days | Yesterday | Number of times consumed yesterday | Source | 7 days | Yesterday | Number of times consumed yesterday |  |
|  | $\begin{aligned} & \text { Yes }=\sqrt{ } \\ & \text { No }=\text { blank } \end{aligned}$ | $\begin{aligned} & \text { Yes }=\sqrt{ } \\ & \text { No= blank } \\ & \hline \end{aligned}$ |  |  | $\begin{aligned} & \text { Yes }=\sqrt{ } \\ & \text { No= blank } \\ & \hline \end{aligned}$ | $\begin{aligned} & \hline \text { Yes }=\sqrt{ } \\ & \text { No=blank } \\ & \hline \end{aligned}$ |  |  |
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| Meat and game |  |  |  |  |  |  |  |  |
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RESEARCH PROGRAM ON

| Foods consumed | Mother |  |  |  | Child |  |  | Source |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 7 days | Yesterday | Number of times consumed yesterday | Source | 7 days | Yesterday | Number of times consumed yesterday |  |
|  | $\begin{aligned} & \hline \text { Yes }=\sqrt{ } \\ & \text { No blank } \end{aligned}$ | $\begin{aligned} & \text { Yes }=\sqrt{ } \\ & \text { No } 0 \text { blank } \end{aligned}$ |  |  | $\begin{aligned} & \text { Yes }=\sqrt{ } \\ & \text { No= blank } \end{aligned}$ | $\begin{aligned} & \text { Yes }=\sqrt{ } \\ & \text { No }=\text { blank } \end{aligned}$ |  |  |
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| Eggs |  |  |  |  |  |  |  |  |
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| Milk and milk products |  |  |  |  |  |  |  |  |
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| Foods consumed | Mother |  |  |  | Child |  |  | Source |
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| Oils and fats |  |  |  |  |  |  |  |  |
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| Sugar and sweetened products |  |  |  |  |  |  |  |  |


| Foods consumed | Mother |  |  |  | Child |  |  | Source |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
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| Condiment (spices) |  |  |  |  |  |  |  |  |
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| Alcoholic drinks |  |  |  |  |  |  |  |  |
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## Question (encircle the good answer)

Have been there a special event (marriage ceremony, etc....) during the last week (last seven days) that changed your usual eating?
$0=$ No
$1=$ Yes
If yes, which one? (specify the event and the related day) : $\qquad$

Observations and comment by the enumerator (if any)
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$

