

FOOD FREQUENCY QUESTIONNAIRE

a)Enumerator's name	g)Hamlet's landscape position	upper/ medium/ lower
b)Date of interview (dd/mm/yyyy)	h)Household ID (give sequential numbers)	
c)State	i)Latitude (at least 7 digits)	xx.xxxxx
d)District	j)Longitude (at least 7 digits)	XX.XXXX
e)Taluk/blocks/mandal	k)Elevation (in meters)	
f)Village with ZIP/PIN code		

This questionnaire will be applied <u>ideally</u> to a mother in the household between 15-49 years old with a child aged between 6-59 months. In this case, the foods will be first about the mother and then about the child. If more than one child with these characteristics, choose only one randomly. If not available the questionnaire will be applied to the <u>person who customarily prepares the food</u> in the household and refers only to what this person has consumed (not the whole household).

Name of the person interviewed:	
Age (in years):	
Name of the child:	
Gender:	
Age (in months):	
Indicate the source of food mentioned: 1=own production; 2= purchased/boug(specify)	tht; 3= borrowed, 4= gift, 5=collected from wild; 6= food aid; 7=other

Indicate the dates that comprise the beginning and end of the 7 days for which you are asking the information: Beginning / /2013; End / /2013



During the last 7 days, have you consumed one of the following foods? For those foods consumed during the last 7 days, indicate if you consumed it yesterday, if consumed yesterday indicate how many times you did consume it. Independently if the food was or not consumed yesterday, if it was

consumed in the last 7 days, indicate the source from which you got the food for you. The same questions apply to the child

consumed in the last 7 day			Mother			Child		
Foods consumed	7 days	Yesterday	Number of times consumed yesterday	Source	7 days	Yesterday	Number of times consumed yesterday	Source
	$Yes = \sqrt{No= blank}$	Yes = √ No= blank			Yes = √ No= blank	$Yes = \sqrt{No=blank}$		
Local cereals								



		N	Mother			Child		
Foods consumed	7 days	Yesterday	Number of times consumed yesterday	Source	7 days	Yesterday	Number of times consumed yesterday	Source
	Yes = √	Yes = √ No= blank			Yes = √ No= blank	Yes = √ No= blank		
	No= blank	No= blank			No= blank	No= blank		
Roots, and tubers								
Noots, and tubers					_			
Legumes and nuts								



	Mother							
Foods consumed	7 days	Yesterday	Number of times consumed yesterday	Source	7 days	Yesterday	Number of times consumed yesterday	Source
	$Yes = \sqrt{No = blank}$	$Yes = \sqrt{No = blank}$			Yes = √ No= blank	$Yes = \sqrt{No = blank}$		
	110- 514118	110- Blank			110- 5141118	110- Blank		
Leafy-vegetables (fresh)								



		Mother				Child		
Foods consumed	7 days	Yesterday	Number of times consumed yesterday	Source	7 days	Yesterday	Number of times consumed yesterday	Source
	$Yes = \sqrt{No = blank}$	Yes = √ No= blank			Yes = √ No= blank	$Yes = \sqrt{No = blank}$		
	110- blank	110- Diank			110- blank	110- blank		
Other vegetables (fresh)								
Fresh fruits								



		ľ	Mother			Child		
Foods consumed	7 days	Yesterday	Number of times consumed yesterday	Source	7 days	Yesterday	Number of times consumed yesterday	Source
				Yes = √ No= blank	Yes = √ No= blank			
Dry fruits and vegetables								
Dry muits and vegetables								



	Mother							
Foods consumed	7 days	Yesterday	Number of times consumed yesterday	Source	7 days	Yesterday	Number of times consumed yesterday	Source
	$Yes = \sqrt{No = blank}$	$Yes = \sqrt{No = blank}$			$Yes = \sqrt{No = blank}$	$Yes = \sqrt{No = blank}$		
	NO- DIANK	NO- DIAIR			NO- DIAIIK	140- Diank		
Meat and game								



	Mother					Child		
Foods consumed	7 days	Yesterday	Number of times consumed yesterday	Source	7 days	Yesterday	Number of times consumed yesterday	Source
	$Yes = \sqrt{No = blank}$	Yes = √ No= blank			Yes = √ No= blank	Yes = √ No= blank		
Poultry								
Fish/seafood								



Foods consumed		N	Mother			Child		
	7 days	Yesterday	Number of times consumed yesterday	Source	7 days	Yesterday	Number of times consumed yesterday	Source
	$Yes = \sqrt{No = blank}$				$Yes = \sqrt{No = blank}$	Yes = √ No= blank		
	110 244	110 020			110 5141111	110 02422		
-								
Eggs								
Milk and milk products								
min products								



	Mother					Child		
Foods consumed	7 days	Yesterday	Number of times consumed yesterday	Source	7 days	Yesterday	Number of times consumed yesterday	Source
	$Yes = \sqrt{No = blank}$	$Yes = \sqrt{No = blank}$			$Yes = \sqrt{No = blank}$	Yes = √ No= blank		
	140- Diank	No- blank			110- Dialik	NO- DIAIR		
Oils and fats								
								1
Sugar and sweetened products								



		I	Mother			Child		
Foods consumed	7 days	Yesterday	Number of times consumed yesterday	Source	7 days	Yesterday	Number of times consumed yesterday	Source
	$Yes = \sqrt{No=blank}$	$Yes = \sqrt{No = blank}$			$Yes = \sqrt{No = blank}$	$Yes = \sqrt{No = blank}$		
	No= Diank	No= Dialik			No= blank	No= Dialik		



Foods consumed		Mother				Child			
	7 days	Yesterday	Number of times consumed yesterday	Source	7 days	Yesterday	Number of times consumed yesterday	Source	
	$Yes = \sqrt{No=blank}$	Yes = √ No= blank			$Yes = \sqrt{No = blank}$	Yes = √ No= blank			
Condiment (spices)									
Alcoholic drinks									



	Mother				Child			
Foods consumed	7 days	Yesterday	Number of times consumed yesterday	Source	7 days	Yesterday	Number of times consumed yesterday	Source
	$Yes = \sqrt{No = blank}$	$Yes = \sqrt{No = blank}$			Yes = √ No= blank	Yes = √ No= blank		

Question (encircle the good answe	er)									
Have been there a special event (r $0 = No$	narriage cere	mony, etc)	during the last w	eek (last seve	n days) that cha	anged your usual	eating?			
1 = Yes If yes, which one? (specify the even	ent and the re	elated day) :								
Observations and comment by the enumerator (if any)										