

**Article title : *Silvopastoralism and Mediterranean healthy diet with empowered women cooperatives in mountains – A PASTINNOVA, MountainHER and MedWhealth joint workshop***

**Category (ies) : *Joint workshop***

**Date : *19 July 2024***

**Location / Format : *WADA Development Center, Deir El Ahmar, Lebanon***

**Article Summary/brief :**

As part of the implementation of the PASTINNOVA project and in collaboration with MountainHER and MedWhealth PRIMA projects led in Lebanon by the Lebanese Agricultural Research Institute (LARI; PI: Dr Rola El Amil), a joint workshop is being organized at WADA (Women Association of Deir El Ahmar) center in Deir El Ahmar, Lebanon under the theme “*Silvopastoralism and Mediterranean healthy diet with empowered women cooperatives in mountains*”.

This workshop fits under PASTINNOVA WP4.3 - Integrating under-represented actors in VCP and WP6 – Dissemination. It addresses women cooperatives dealing with silvopastoralism with the participation of women associations/cooperatives stakeholders of three European projects under implementation in Lebanon. A questionnaire seeking to understand and make more visible the role of women cooperatives as essential empowered actors in traditional silvopastoral systems, specifically their role in livestock keeping, food processing, and food supply, is used.

**Outcome / Deliverables :**

Disseminating information about PASTINNOVA project with its major selected IBM and about MountainHER and MedWhealth projects among several women associations working in challenging environments.

Surveying women associations status through a semi-directed interview within a dynamic interactive gathering: WADA, Betmouneh Ainata, AL MALIKA Chama, Committee of Employee Women Union (CEWU).

Collecting data that allow to highlight women roles and involvement in maintaining and reviving the traditional silvopastoral system when working within organized cooperatives.



## Participants :

Institute / Project / NGO	Participants number
PASTINNOVA / LU	6
MedWhealth / MountainHER / LARI	3
Women Association of Deir El Ahmar (WADA)	11
Betmouneh Ainata	10
Committee of Employee Women Union (CEWU)	3
Al Malika Chama	3
Agro Paola (Feitroun)	3

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Ms Celine Eid / LU Faculty of Agronomy

Mr Mark Bou Abdo / LU Faculty of Agronomy

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Mr Ziad Bou Haidar / LU Faculty of Agronomy

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Ms Sally Maalouf / LARI / MountainHER and MedWhealth Projects

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Ms Hana Al Akoury

Ms Samira Al Akoury

Ms Almaza Fakhry

Ms Norma El Kozah

Ms Norma Khoury

Ms Clara Sleiby

Ms Georgettes Berkachy

Ms Rima Berkachy

Ms Nazek Keyrouz

Ms Elham Eshak

### **Ms Héléne Rahmé / Betmouneh Ainata**

Ms Hayfa Youness

Ms Ghalya Rahmé

Ms Rymonda Baayno

Ms Lina Rahmé

Ms Marlène Rahmé

Ms Salwa Rahmé

Ms Marita Rahmé

Ms Thérèze Rahme

Ms Marina Rahmé

### **Ms Colette Lahoud / Paola Agro**

Ms Elsa Lahoud

Ms Paola Lahoud

### **Ms Hiam Farhat / Al Malika Chama**

Ms Racha Farhat

Ms Ghazale Ayoub

### **Ms Asma Moustafa / CEWU**

Ms Kamar El Masri

Ms Waad Waary



## Social Media Template

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### Summary

As part of the implementation of the PASTINNOVA project implemented in Lebanon by the Lebanese University and in collaboration with MountainHER and MedWhealth PRIMA projects led by the Lebanese Agricultural Research Institute, a joint workshop was organized at WADA (Women Association of Deir El Ahmar) center in Deir El Ahmar, Lebanon under the theme “*Silvopastoralism and Mediterranean healthy diet with empowered women cooperatives in mountains*”. This joint workshop addressed women cooperatives dealing with silvopastoralism with the participation of women associations stakeholders of the three European projects under implementation in Lebanon. A questionnaire seeking to understand and make more visible the role of women cooperatives as essential empowered actors in traditional silvopastoral systems, specifically in livestock keeping, food processing, and food supply, was completed within a dynamic interactive atmosphere by WADA, Betmouneh Ainata, AL MALIKA Chama, Committee of Employee Women Union (CEWU). Data collected allow to highlight women roles and involvement in maintaining and reviving the traditional silvopastoral system when working within organized cooperatives.



**A video is available in the [Dissemination folder](#) of the *Pastinnova Workspace* under the name of the event**